



FLORIDA FOXTROTTER ASSOCIATION

AUGUST 2019 "HOT TO TROT"

2018 BOARD MEMBERS

President:	Pam Harrell	352-843-5315	littmarlin@aol.com
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Treasurer:	Nancy Chretien	315-730-3471	nachretien@yahoo.com
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Board:	Sue Touchston	727-326-2283	suemarie3@msn.com
Board:	Tammy Heaton	813-436-3030	littlezoo44@yahoo.com

Website: www.floridafoxtrotters.org



Wishing you a Happy Birthday!

Elayne Demetreon	August 5
Illyce Mendelsohn	August 9
Stephenie Knott	August 10
Lisa Wood	August 13
Tori Blankenship	August 15
Bud Blankenship	August 18
Jayne Conklin	August 20
Judy Bell	August 21
Deborah Hagenbuch-Reese	August 22

2019 Calendar of Events

Don't forget to carry your Coggins with you on the trails

- August 16 Paddle and Straddle at the Suwannee
 Hosted by Rebecca Morse
 (see flyer attached)
- August 17 Illuminations Horse Association Horse Show
 At Debbie Glovers – this is a planned series of 4 shows
 Sept 14
 (See show billet attached)
- Sept 14 Illuminations Horse Association Horse Show
 At Debbie Glovers – this is a planned series of 4 shows
 (See show billet attached)
- October 26 Halloween Event - venue being determined
- December 14 Christmas event at the Suwannee
 Hosted by Ann Hays, Judy Mruz and Nancy Chretien

 Contact at Suwannee for stall and camping reservations
 – Carol Walker 386-364-2962
 Cell 386-365-0070
- January 17 Carl Balyeat Memorial ride

No more sitting around,,,,, JUDY GOT A NEW HORSE!!!!



Judy thinking to herself
“ should I get him or should
I not?



Bravo is a 9 year old Tennessee Walker
can't wait to see them on the trail at one of
our events

FLORIDA FOX TROTTER ASSOCIATION

The Florida Affiliate of the Missouri Fox Trotting Horse Breed Association

Membership Application/Renewal 2019

Name _____ Birth Date _____

Other Family Members Wishing to Join _____ Birth Date _____

Other Family Members Wishing to Join _____ Birth Date _____

Other Family Members Wishing to Join _____ Birth Date _____

Address _____

Phone _____ Fax _____ e-mail _____

*****NOTE: The newsletter is sent via email. Initial here if you prefer a hard copy _____*****

Your specific interests: Clinics _____ Shows _____ Trail Riding _____ Other _____

Member of MFTHBA? Name _____ yes _____ no _____ membership # _____
Name _____ yes _____ no _____ membership # _____
Name _____ yes _____ no _____ membership # _____

DUES: _____ Single Membership: \$15.00 _____ Family Membership: \$25.00

Please make your checks payable to the Florida Fox Trotter Association. Thank you.

Hold Harmless Release

For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Fox Trotter Association (FFTA) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts, executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FFTA for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FFTA. This release is given freely and voluntarily by the Participant.

Signed (include legal guardian under 18 years of age) _____ Date _____

Other Family Member(s) _____ Date _____

Please submit this form and your membership fee to:

Florida Fox Trotter Association
c/o Nancy Chretien
2113 Jasper Way
The Villages, FL 32162

Revised: December 2018

Group Trail Riding Manners



Are you a first time trail rider? Are you riding an inexperienced horse on the trail? Is the group riding out on a chilly morning? Does your horse sometime have an attitude toward other horses? Has your horse not been ridden often because you just have time to ride it now and again? Is your horse a high energy horse that is sometimes difficult to control? Not everyone has a “perfect horse” that has hundreds of miles of trail riding under its belt. What happens when we all get together to have a group trail ride? Our first and foremost desire is for everyone to have a safe ride. Here are a few suggestions to have every ride be a good experience. These suggestions may seem like basic logic, but they are quite important.

1. Make sure each trail ride includes a trail boss (who leads and who knows the trails), a drag rider (who brings up the rear), and that all riders have a map of the trails. No one passes the trail boss and no one is allowed behind the drag rider for safety reasons.
2. Don't assume that everyone is an experienced rider and that every horse is an experienced horse.
3. Ride your horse for several days prior to the trail ride so that you know how to handle the horse. Every time you ride your horse, have some form of groundwork that you do with it – 5 - 15 minutes. That will help the horse get rid of its excessive energy before you get on him. That will help the horse focus on its job and get rid of the silly behavior that often is experienced in the first 15 minutes of the ride.
4. The group should begin the ride at a slow speed and should not leave until EVERYONE is on his/her horse and is ready to go. Whenever a group takes off at a fast speed, the horses all get excited and it could be a recipe for disaster.
5. The group should be very aware of any problems any rider is having with a horse. Everyone needs to stop until that horse and rider are comfortable with continuing.
6. Do not ride too close to other horses. (Any horse that kicks should wear a red ribbon in its tail so that others are warned of this behavior.)
7. If necessary, divide the trail group into several smaller groups. Those who want to go fast and those who are okay with going slowly and “smelling the roses along the way.”
8. Group needs to help those who are inexperienced on the trails. (For example, if a horse is reluctant to cross water, take the time to help them do it.) If the group needs to slow down, do it. Remember, safety is the first priority.
9. Although some riders do not like to wear helmets, it is the best practice for safe riding.

There are certainly other suggestions, but these are some to help us all enjoy a safe trail ride.

FOR SALE



Sugar



Billy

Sugar is the black horse and Billy is the sorrel. Sugar is 12 years old and we are asking \$6,500 for her because of her breeding. She is very sweet and friendly. Both horses are barefoot easy keepers. Shots and coggins are up to date and both are sound. Neither one bites, cribs, kicks. Billy is 16 years old and he is very smooth, we are asking \$3,800 for him because of his age. They both load into the trailer very well and stand quiet for the farrier. We have only used them for trail riding, but they are both athletic and could be trained for any discipline a new owner would like. Neal E Young, 969 Deming Dr, Winter Haven, FL 33880 Home: (863) 294-2742 Cell: (863) 651-5842

I hope you help give these lovely horses a new forever home.

Thank you

FFTA SUMMER EVENT!!

STRADDLE AND PADDLE 2019

AUG. 16TH-18TH SPIRIT OF THE SUWANEE MUSIC PARK

HOSTED BY REBECCA MORSE AND STEVE NAVE



COME JOIN US IN OUR FAVORITE THING TO DO DURING THE HEAT OF THE SUMMER. TRAIL RIDE (STRADDLE YOUR HORSE!) AND THEN KAYAK OR CANOE (PADDLE A BOAT!). THIS YEAR WE WILL RETURN TO THE SPIRIT OF THE SUWANEE!! WE HAD SUCH A GREAT TIME LAST YEAR!

COME FOR THE WHOLE WEEKEND OR JUST FOR THE DAY!

WE RIDE VERY EARLY FOR THIS EVENT!!

- SAT AM-IN THE SADDLE READY TO RIDE AT 7AM
- MEET AT THE OUTPOST 11:30 ISH!! PACK A LUNCH, THERE ARE SEVERAL PLACES TO PULL OFF THE RIVER TO SWIM AND HAVE LUNCH
- DINNER ON YOUR OWN!
- FLEETWOOD MAC TRIBUTE SHOW IN THE MUSIC HALL AT 9PM \$15 AT THE DOOR
- SUN AM- RIDE ON YOUR OWN!!



CALL SPIRIT OF THE SUWANEE FOR

CAMPING RESERVATIONS **386-364-1683**

CALL SUWANEE OUTPOST FOR BOAT RENTAL-

TELL THEM YOU ARE WITH THE FFTA GROUP!!

386-364-4991

**CALL REBECCA
MORSE
352-516-5685
WITH ANY
QUESTIONS OR
INFO!!**

An Amazing Facility That Uses Horses to Help Others

Submitted by Nancy Chretien

I recently had the privilege of getting a guided tour of an amazing place that offers Therapeutic Riding for people with disabilities, and Veterans who have special needs of their own. Stirrups n' Strides was created and is run by Executive Director Betty Gray on her farm near Citra, FL, with expert help from her daughter, Kathy, her husband Wade, and an army of Volunteers.

My friend, and fellow FFTA member, Kelly Graddy, donated a horse to the program so we went to see Bodie and to check out his new home. What we saw was a combination of hard work, organizational genius and an unequalled passion for a cause. The large, lush green paddocks had plenty of grazing and trees for shade with very few horses in each. The paddocks were all securely fenced. The horses were fit and happy and beautifully groomed. The new riding arena was a masterpiece of construction with the wonderful meeting room, tack room, feed room, and beautiful stalls attached. Everything has to be handicapped accessible including the bathroom facilities. All the tack was organized and labeled for each horse and helmets are available for every rider. (My jaw dropped. I can't keep my tack trunk or horse trailer organized for one horse.) That is a LOT of tack and riding equipment to keep track of.

Stirrups n' Strides provides therapeutic horseback riding and carriage driving to its students. Betty has horses for multiple levels of riders' needs. She also has 2 mini's for students who may be nervous around the larger horses. She even has a cart that fits a driver and a wheelchair so people in wheelchairs can learn to drive the horses. The farm provides a covered arena as well as an outdoor obstacle/trail course. Students can participate in competitions and Special Olympics that include obstacle and trail competitions. Betty's riders do very well at these events.

The newest program at the farm is called "Stirrups and Stripes". " Equine Services for Heroes assists veterans and active duty military personnel with physical, cognitive and emotional challenges to find strength and independence through the power of the Horse." The veterans LOVE this program. They have chosen Kelly's horse Bodie as their favorite horse and they all want to ride him.

Stirrups n' strides is in the process of re-establishing a second location at the Hillcrest School in Ocala. "Hillcrest school provides educational and training programs for students with a variety of significant disabilities in grades 6-12." Betty started the program at the school and was recently asked to continue the program which is located at the school in Ocala.

With all this to manage I don't know how Betty does anything else. As the Executive Director of this huge operation she wears many hats, including trainer, accountant, stall cleaner, paddock mower, instructor, volunteer coordinator and Grant Writer to name a few, not including mother, wife, and homemaker. She is a gifted woman with many talents and a whole lot of horse experience having raised, trained, and shown Morgan horses for many years. She earned several Morgan Grand National World Championships in a variety of classes and she is also an A rated judge.

Betty has set aside breeding and showing to concentrate on the program that has become her life passion. You can see the pride in her eyes, hear the enthusiasm in her voice, and feel the all consuming love she has for the people in her program and the horses she utilizes to help them.

In Betty's words, "There is a 'Magic' in horses that provides strong medicine for individuals challenged by disabilities. Riding a horse helps improve strength, coordination, balance, confidence, self-esteem and increased attention span."

It sometimes requires 3 people per rider to be able for them to participate safely in a class. Stirrups n' Strides is always in need of volunteers at both locations. If you live in the Citra area (Rt 318) or near Ocala and would like to share the fun and bring a smile to your face, as well as the faces of the riders, please contact Betty Gray.

They can always make use of any equipment, tack, and supplies you wish to donate. Because they provide boots, or shoes with heels for the riders, they are currently in need of appropriate footwear for their riders. The veterans tend to have larger feet and they are lacking in their sizes. At the moment they also need a 3 step mounting block for the riders to mount more easily. Stirrups n' Strides Therapeutic Riding Center, Inc. is a 501(c)3 non-profit organization. They are also a member of the Professional Association of Therapeutic Horsemanship International. (PATH) All programs are taught by PATH certified riding instructors.

In closing I would like to say that this article wasn't solicited. I was just so impressed that I wanted to share the information and experience I got from visiting this amazing facility that I previously knew nothing about. If you want to learn more information about Stirrups n' Strides you can check out the following sources.

www.stirrupsnstrides.com and Stirrups n Strides on Facebook

You can contact Betty Gray, Executive Director at hitime@windstream.net or Nancy Chretien at nachretien@yahoo.com



Illumination's Horse Association

Sign Up's 8:00am Show Start's 9:00am

Show Manager Lexi Fredenburg, Call/Text 727-858-5386

Email Entries: Illuminationshorseassociation@yahoo.com

Judge: Karen Iverson

Date: 06/15/2019

Address:

20014 Twin Oaks Rd.

Spring Hill Fl, 34610

Halter-All Age/All Breed

Begins-9:00am, Arena 1

- 1.) Grooming & Conditioning
- 2.) Color Halter
- 3.) Non-Color Halter
- 4.) Miniature Halter
- 5.) 2 & Under (Mares)
- 6.) 2 & Under (Geldings & Stallions)
- 7.) 3 & Over (Mares)
- 8.) 3 & Over (Geldings & Stallions)

****Grand & Reserve (Classes 5-8)****

- 9.) Stock Type
- 10.) Non- Stock Type
- 11.) Ranch Conformation
- 12.) Open Gaited Breed Type
- 13.) Hunter Type
- 14.) Miniature Hunter

Showmanship

- 15.) Miniature Showmanship
- 16.) Schooling W/J Western Showmanship
- 17.) Junior Western Showmanship
- 18.) Senior Western Showmanship
- 19.) Schooling W/J Ground Handling
- 20.) Junior Ground Handling
- 21.) Senior Ground Handling
- 22.) Schooling 2 Gait OGB Showmanship
- 23.) Junior 2 Gait OGB Showmanship
- 24.) Senior 2 Gait OGB Showmanship
- 25.) Schooling W/T Hunter Showmanship
- 26.) Junior Hunter Showmanship
- 27.) Senior Hunter Showmanship

Versatility

- 28.) Versatility (Miniature)

45 Minute Tack up, Warm up, Lunch

Flat & Pattern-All Age/All Breed

Begins-1:00pm, Arena 1

- 28.) Walk Western Pleasure (Leader & 1 or 2 Aides)
- 29.) Walk Cones & Poles Western Pleasure (Leader & 1 or 2 Aides)
- 30.) Pleasure Driving (Miniature)
- 31.) Schooling W/J Western Pleasure
- 32.) Junior Western Pleasure
- 33.) Senior Western Pleasure
- 34.) Walk Western Riding (Leader & 1 or 2 Aides)
- 35.) Schooling W/J Western Riding
- 36.) Junior Western Riding
- 37.) Senior Western Riding
- 38.) Schooling W/J Ranch Riding
- 39.) Junior Ranch Riding

40.) Senior Ranch Riding

41.) Schooling W/J Ranch Reining

42.) Junior Ranch Reining

43.) Senior Ranch Reining

44.) Walk English Pleasure (Leader & 1 or 2 Aides)

45.) Walk Cones & Poles English Pleasure (Leader & 1 or 2 Aides)

46.) Schooling 2 Gait OGB Pleasure

47.) Junior 2 Gait OGB Pleasure

48.) Senior 2 Gait OGB Pleasure

49.) Schooling 2 Gait OGB Equitation

50.) Junior 2 Gait OGB Equitation

51.) Senior 2 Gait OGB Equitation

52.) Walk Hunter Under Saddle (Leader & 1 or 2 Aides)

53.) Schooling W/T Hunter Under Saddle

54.) Junior Hunter Under Saddle

55.) Senior Hunter Under Saddle

56.) Schooling W/T Hunter Hack

57.) Junior Hunter Hack

58.) Senior Hunter Hack

Obstacle-Timed Begins-3:30pm, Arena 2

59.) Walk Obstacle (Leader & 1 or 2 Aides)

60.) In hand (Horse) Obstacle

61.) In hand (Miniature) Obstacle

62.) Schooling Obstacle

63.) Junior Obstacle

64.) Senior Obstacle

65.) Open Obstacle

Jumper, Begins-9:00am, Arena 2

66.) 18" Cross Rails Round 1

67.) 18" Cross Rails Round 2

68.) Puddle Jumpers 2' Round 1

69.) Puddle Jumpers 2' Round 2

70.) Fresh Jumpers 2'3" Round 1

71.) Fresh Jumpers 2'3" Round 2

72.) Brave Jumpers 2'6" Round 1

73.) Brave Jumpers 2'6" Round 2

Show Fees

Mandatory Office Fee (Includes Insurance Fees): \$10.00

Pre-Entry: \$9.00/Class

\$5.00/Ground's Fee

\$75.00/All-Day Fee

Same Day: \$10.00/Class

\$5.00/Ground's Fee

\$85.00/All-Day Fee

Stalls-Limited Amount Available-Please Contact Me!!

\$25.00/Stall

End of Series Awards

Must show in 3 of 4 shows, as well as pay the membership application fee to qualify.

\$15.00/Membership Fee (One time for all first-time riders, good for one year, Ex: 06/01/2019 to 05/31/2020)



Heat-Stress 911

In spite of your best efforts, there's always a chance your horse will get too hot. If he seems weak or less responsive than normal when you open the trailer door, it's time to unload and check him out. The following signs mean he could be at risk of life-threatening heat exhaustion.

- Rectal temperature of 103 degrees Fahrenheit or higher.
- Rapid, shallow breathing, with a respiratory rate higher than 30 breaths per minute.
- Heart rate higher than 60 beats per minute that doesn't decrease to normal (40 beats per minute) within 10 minutes of unloading.
- Dark-pink mucous membranes.
- Entire body is covered in sweat, with small veins popping out under his skin.

What should you do if you see these signs? It's time to take aggressive measures to cool him down.

- Take him to a shaded area, ideally where there's a breeze.
- Remove any blankets, leg bandages, or head bumpers.
- Sponge or hose him down with the coldest water you can find. Use ice, if available. Hose him off, scrape off the water, then hose again. By scraping away the water that heats up on his body surface and replacing it with cold, you'll maximize his heat loss via conduction.
- If you have rubbing alcohol available, apply it over his neck, chest, and large muscles of his hindquarters after you've hosed him multiple times. Alcohol evaporates more rapidly than water, allowing maximum heat loss via evaporation.
- Offer him fresh, cold water to drink.
- Monitor his vital signs every 10 minutes. If they don't show improvement within 20 minutes, call a veterinarian for help.